



VIGNAN'S LARA INSTITUTE OF TECHNOLOGY & SCIENCE

Approved by AICTE New Delhi & Affiliated to JNTUK Kakinada
Vadlamudi - 522 213, Guntur District

LIFE SKILLS UNDER NATIONAL SERVICE SCHEME

Report on "Nutritional food for Human Life"

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| Activity | "Nutritional Food for Human Life" |
| Date | 20.04.2021 |
| Place | College Campus |
| No of participants | 90 |
| Academic Year | 2020-21 |

The NSS unit of VLITS was conducted an awareness programme on Nutritional Food in Human Life. This is related to the inter relationships between nutritional matters and human life, which may have an effect on a person's life. In the present study, nutritional awareness entails being cognizant of the kind of foods an individual eats and the reasons for eating such foods.

NSS COORDINATOR

NSS PROGRAM OFFICER
VLITS
VADLAMUD