



**VIGNAN'S LARA**

**INSTITUTE OF TECHNOLOGY & SCIENCE**


Approved by AICTE New Delhi & Affiliated to JNTUK Kakinada  
Vadlamudi - 522 213, Guntur District

## **LIFE SKILLS UNDER NATIONAL SERVICE SCHEME**

### **Report on Harmful Effects of Tobacco Consumption**

<b>Activity</b>	<b>Awareness on Harmful Effects of Tobacco Consumption</b>
<b>Date</b>	<b>29.03.2018</b>
<b>Place</b>	<b>Vejendla</b>
<b>No. of participants</b>	<b>77</b>
<b>Academic Year</b>	<b>2017-18</b>

Vignan's Lara Institute of Technology & Science, Vadlamudi organized an awareness program on Harmful effects of Tobacco consumption with 77 students and 3 faculties on 29.03.2018 at Vejendla village. NSS students explained how the Tobacco consumption causes various damages of the health and human organ system. Cigarette and Beedi Smoking causes mouth cancer, lung diseases, heart attack, type 2 diabetes and other chronic health disorders. How the passive smoking also causes severe health problems also explained with various illustrations.

  
**NSS COORDINATOR**  
NSS PROGRAM OFFICER  
VLITS  
VADLAMUDI